



**Congressional Vision Caucus Sees the Light**

Nearly half of all blindness can be prevented through early detection and treatment. But according to the advocacy group Prevent Blindness America (PBA), "the number of Americans experiencing vision loss continues to increase."

In 2003, a bipartisan group of congressional members formed the Congressional Vision Caucus (CVC) with the goal of raising awareness within Congress and its staff of national issues relating to vision health.

Co-chaired by Representatives Gene Green, Ileana Ros-Lehtinen, David Price and Patrick Tiberi, the focus is on research, prevention/public health and access to treatment and rehabilitation.

In a number of ways, the CVC encourages members of Congress to increase funding for vision-related programs. It hosts receptions, organizes briefings, calls attention to issues such as the high number of eye injuries of returning soldiers, vision health threats to the general public, and the need for designated support for strategic initiatives.

Upcoming projects include Eyes on Capitol Hill, a reception to be held by the CVC and partner organizations in the vision community. The purpose of the event is to provide an opportunity for those who are committed to vision preservation to gain access to members of Congress and their staff and to further PBA's 2009 Federal Public Policy Agenda.

***"No child should be falling behind at school because he can't hear the teacher or see the blackboard. I refuse to accept that millions of our children fail to reach their full potential because we fail to meet their basic needs."***

***President Barack Obama***

Dr. David A.Wolf personalized his eNewsletter by editing to include quote.

**Paintballers Beware**



Serious paintball players understand the need for protective eyewear when they play and compete professionally but the typical recreational player is blind to the dangers.

A recent study of paintball-related injuries revealed that 81% of patients injured while playing required surgery. Of those, 22% had an eye removed as a result of paintball injury. In some cases where eyes were saved, patients had permanent vision loss.

Paintball injuries are completely preventable if you use appropriate protective eyewear. Check manufacturers' recommendations or ask us for guidance.

**What is Monovision?**



As we age, our ability to read or see up close can begin to diminish.

Solutions include using reading or multifocal glasses

or contact lenses. Another option is monovision which uses contact lenses to correct one eye for distance and the other for near or intermediate vision. The brain learns to "choose" the distance-corrected eye to see far away and the other one for up-close focusing.

Adjustment to monovision varies. Some people adjust right away, others may take several weeks to adapt. Some people cannot make the adjustment at all. If you would like to try Monovision, be sure to ask the doctor at your next exam to find out if you are a candidate.

**Lake Oswego Vision Clinic recommends annual preventative eye examinations.  
See the world more clearly with high resolution iZON lenses.**

**Lake Oswego Vision Clinic | [www.lakeoswegovision.com](http://www.lakeoswegovision.com) | 503-635-1458  
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